

Garopoulou Vasiliki



Dr. Vasiliki S. Garopoulou is a Special-Adapted Physical Exercise & Sport Science Educator, a Scientific Counselor of Neurorehabilitation, and a Therapeutic Medical Exercise Specialist. She holds two Postgraduate Diplomas on "Multiple Sclerosis" from the Aristotle University of Thessaloniki (A.U.Th) with scholarships for her excellent performance and 2 postgraduate – vocational training certificates abroad. She has also been awarded a PhD with full scholarship in the Laboratory of Developmental Medicine and Special Needs Education in collaboration with the 2nd Neurology Dept. of AHEPA University General Hospital of the A.U.Th Medical School. She completed her first Post-Doctoral degree at the A.U.Th Medical School in the field of Neurosciences and her second Post- Doctoral research as a full scholarship researcher with the State Scholarships Foundation (IKY) with P.D. thesis: Neurorehabilitation & Therapeutic Exercise in Multiple Sclerosis and her latest Post-Doc (3rd)research at the A.U.Th Medical School with research subject involving multiple neurodegenerative diseases. She has participated as a scientific associate in research programs, implemented by the A.U.Th Medical School while at the same time she serves as scientific collaborator at the 1st Neurology Dept. of AHEPA University General Hospital and Scientific Collaborator at the Greek Association of Alzheimer's Disease and Related Disorders (Alzheimer Hellas). She has presented her research work at numerous scientific conferences, training seminars and academic and clinical events, and has publications in Greek and international peer-reviewed journals. She has been a Physical Education Specialist, and she has served as a Special-Adapted Physical Education teacher both in 1st and 2nd grade Special Education Public Schools and in the post-graduate training of Public IEK since 2004. She has been innovating as Head of Scientific Planning of Rehabilitation and Exercise programs for PwDisabilities at the A.U.Th University Gym and as scientific consultant, active board member of the Greek Multiple Sclerosis Society (GMSS). Moreover, she has been the scientific education manager in a Lifelong Learning Centre and has taught the Senior Fitness Course® and MULTIPLE SCLEROSIS & EXERCISE L1 & L2® courses and she is currently holding a teaching position in the Health & Social Services - Physiotherapy Department IEK Delta 360,

Academic tutor Bachelor of Science (BSc Hons) in Sports Science and Coaching NYC, Instructor Certified Personal Trainer HNFC and NASM and Instructor Chronic health conditions and special populations HNFC and NASM while also being the scientific consultant at a rehabilitation equipment company. Finally, she has managed the Special Olympics Bocce & Young Athletes programs that took place in Thessaloniki at the Olympic Museum and has been ambassador of GMSS to the European Multiple Sclerosis Platform (EMSP) in matters of rehabilitation, Ambassador of the Hellenic Sports Federation for Persons with Disabilities (HSFPD).